

NEW YEAR, NEW YOU !



FEBRUARY FRIDAY 24th 1pm-9pm

At

Fitness First (Crewe)

A Day of

Beauty and Holistics

Includes:

Free Mini Beauty Treatments

With Julie

(Pre booking essential)

Donations Accepted on behalf of The Sunshine Project

Botox Demonstration-3pm with Dr Fiona Cowie

(Treatments available on the night)

Colour Therapy Seminar-5pm

Followed by

Readings & Reiki Treatments

With Stella

(pre booking essential £20 for 30 mins)

Handbags and Jewellery Stall

6pm— 8 pm

Cash Bingo

Proceeds To The Sunshine Project Reg Charity No 1117672

Free Entrance Non Members Welcome Tel 01270 257300 For More info

Refreshments available